
Law of Attraction can be a distraction

Posted by taylor - 2007/08/03 10:03

After I watched The Secret, I went and got some of the Abraham-Hicks material and quickly absorbed it. I learned about Law of Attraction, Law of Deliberate Creation, Law of Allowing, and the emotional guidance system.

All of these have been useful maps that have helped me understand my experience for the most part, but it was tuning in to my emotional guidance system that has made the biggest differences. In fact, most of the other things I've learned only seem useful when I'm fully tuned in to my emotional guidance system. In some cases, it even seemed like understanding law of attraction was distracting me from learning to follow my emotional guidance system.

As I've come to understand how these things work, raising my vibration is easiest when I do it for the pure joy of it. If my intent to feel good is in service of some external agenda, then I run the risk of evaluating my success in terms of that agenda. No matter what that external agenda is, it's subject to the buffer of time because it external. Since it's subject to the buffer of time, it reflects past vibrations and focusing on it will tend to hold me where was, making it harder to change my vibrations.

It seems to me that for people who like things simple, it would be advantageous if they were introduced first to the connection between their feelings and the thoughts they hold in the focus of their attention. I believe that given tools to help with refocusing thoughts and left undistracted by all the is-it-working-questions that often come up around law of attraction, it would be easier for them to tune in to emotional guidance system.

Once they have had some time to practice redirecting thoughts and are living in bliss most of the time, then learning about law of attraction and learning to apply that awareness will be much easier. If you have friends who you want to turn on to all the things that you've been learning, consider whether they might benefit from learning about joyous living first. If so, then send them to www.infectiousjoy.com and give them a while to practice redirecting their thoughts before offering material about all the other principles.

To keep the rest of this site and the other forums simple and focused on joyous living, please keep any discussion like this, which mentions law of attraction and other princples and materials, here in this forum.

Be Very Well,
Taylor

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